

CONNECTING  
THROUGH A  
CARING COMMUNITY



FEBRUARY 9, 2022  
6:00 PM  
BUFFALO HIGH SCHOOL  
PERFORMING ARTS CENTER

# BUFFALO STRONG DAY

Last February 9th, in the wake of a shared tragedy, the citizens of Buffalo showed resilience as we promised to **Care, Connect, & Continue**.

This February 9th, join us as we recommit to be #BuffaloStrong. *Care for your community. Connect with resources. Continue to lift each other.*



## AN EVENING OF WELLNESS GUEST SPEAKER: CLINT MALARCHUCK

Clint is a former NHL goaltender turned mental health advocate and motivational speaker. He shares his extraordinary and heart-wrenching life story in his relentless effort to help end the stigma of mental illness and to help others who may suffer as well. Book signing & vendor fair following speaker.



For live-stream info visit  
[BuffaloStrong.Care](https://BuffaloStrong.Care)

### 6PM | VENDOR FAIR

**Refreshments** provided by local restaurants  
**Connect** with local services that support wellness

Emotional • Social • Financial • Physical • Occupational • Intellectual • Environmental • Spiritual

### 7PM | GUEST SPEAKER

**Introduction** by Mayor Teri Lachermeier & Randy Haskins  
**Learn** tools of mental health for yourself & others

FREE TO THE COMMUNITY  
WITH SUPPORT FROM:



AllinaHealth  
BUFFALO HOSPITAL  
FOUNDATION



BlueCross  
BlueShield  
Minnesota